

Central Community School System  
 January 2018  
 CIS / CMS Breakfast Menu

Monday

Tuesday

Wednesday

Thursday

Friday

1

Happy Holidays

2

Happy Holidays

3

Happy Holidays

4

Happy Holidays

5

Happy Holidays

8

Scrambled Eggs **AND** Toast (1)  
**OR**  
 2 oz. Cereal  
 Honey Nut Scooters, Marshmallow Mateys  
 Fruit / Fruit Juice  
 Milk Choice

9

W.G. Donut  
**OR**  
 2 oz. Cereal  
 Honey Nut Scooters, Marshmallow Mateys  
 Fruit / Fruit Juice  
 Milk Choice

10

W..W. Waffles / Syrup  
**OR**  
 2 oz. Cereal  
 Honey Nut Scooters, Marshmallow Mateys  
 Fruit / Fruit Juice  
 Milk Choice

11

Breakfast Pizza  
**OR**  
 2 oz. Cereal  
 Honey Nut Scooters, Marshmallow Mateys  
 Fruit / Fruit Juice  
 Milk Choice

12

Frosted W.G. Pop tart / Yogurt  
**OR**  
 2 oz. Cereal  
 Honey Nut Scooters, Marshmallow Mateys  
 Fruit / Fruit Juice  
 Milk Choice

15

MLK Holiday

16

Egg & Cheese Breakfast Wrap  
**OR**  
 2 oz. Cereal  
 Honey Nut Scooters, Marshmallow Mateys  
 Fruit / Fruit Juice  
 Milk Choice

17

Toast (1) **AND** 1 oz. Cereal  
 Fruit / Fruit Juice  
 Milk Choice

18

Grits **AND** Turkey Sausage Link  
**OR**  
 2 oz. Cereal  
 Honey Nut Scooters, Marshmallow Mateys  
 Fruit / Fruit Juice  
 Milk Choice

19

Mini French Toast Bites  
**OR**  
 2 oz. Cereal  
 Honey Nut Scooters, Marshmallow Mateys  
 Fruit / Fruit Juice  
 Milk Choice

22

W.G. Biscuit / Turkey Sausage Patty  
**OR**  
 2 oz. Cereal  
 Honey Nut Scooters, Marshmallow Mateys  
 Fruit / Fruit Juice  
 Milk Choice

23

Frosted W.G. Pop tart / Yogurt  
**OR**  
 2 oz. Cereal  
 Honey Nut Scooters, Marshmallow Mateys  
 Fruit / Fruit Juice  
 Milk Choice

24

Regular or Blueberry Pancake on a Stick  
**OR**  
 2 oz. Cereal  
 Honey Nut Scooters, Marshmallow Mateys  
 Fruit / Fruit Juice  
 Milk Choice

25

Breakfast Pizza Scramble  
**OR**  
 2 oz. Cereal  
 Honey Nut Scooters, Marshmallow Mateys  
 Fruit / Fruit Juice  
 Milk Choice

26

Muffin  
**OR**  
 2 oz. Cereal  
 Honey Nut Scooters, Marshmallow Mateys  
 Fruit / Fruit Juice  
 Milk Choice

29

Scrambled Eggs **AND** Toast (1)  
**OR**  
 2 oz. Cereal  
 Honey Nut Scooters, Marshmallow Mateys  
 Fruit / Fruit Juice  
 Milk Choice

30

W.G. Donut  
**OR**  
 2 oz. Cereal  
 Honey Nut Scooters, Marshmallow Mateys  
 Fruit / Fruit Juice  
 Milk Choice

31

W..W. Waffles / Syrup  
**OR**  
 2 oz. Cereal  
 Honey Nut Scooters, Marshmallow Mateys  
 Fruit / Fruit Juice  
 Milk Choice

**NOTE: MENUS ARE SUBJECT TO CHANGE**

Notification Statement: Peanuts and Peanut Products are not purchased for meals produced by the Central Community School System; however, some products served may contain nuts and some products may be produced in plants that use nuts and may contain



**PAY FOR MEALS ONLINE**  
 MySchoolBucks.com