

Central Community School System
 January 2018
 Tanglewood Elementary Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

1

Happy Holidays

2

Happy Holidays

3

Happy Holidays

4

Happy Holidays

5

Happy Holidays

8

Popcorn Chicken
 Macaroni & Cheese
 Baked Beans
 Steamed Carrots
 Fresh Orange Wedge
 Milk Choice

9

W.G. Corn Dog
 Sweet Potato Fries
 Tossed Salad w/ Dressing
 Ketchup/Mustard
 Graham Cracker
 Fruit Cocktail
 Milk Choice

10

Hot **DELIVERED** Pepperoni Pizza
 Steamed Corn
 Dark Green Salad w/ Dressing
 Chilled Pear Halves
 Milk Choice

11

Chicken / Sausage Gumbo
 w/ Steamed Rice
 Green Peas
 Tossed Salad w/ Dressing
 Crackers
 Apple / Peach / Cherry Crisp
 Fresh Fruit
 Milk Choice

12

Shredded BBQ Chicken
 French Fries
 Steamed Broccoli
 Lettuce, Tomato, Pickle Cup
 Ketchup / Mayo
 Fresh Fruit
 Milk Choice

15

MLK Holiday

16

Beef Sticks
 Mashed Potatoes w/ Gravy
 Steamed Carrots
 Fresh Orange Wedge
 Milk Choice

17

Beef Tacos
 Taco Salad Cup
 Beans, Refried
 Chilled Sliced Peaches
 Milk Choice

18

Cajun Chicken Pasta
 Steamed Broccoli
 Tossed Salad w/ Dressing
 Fresh Banana
 Brownie
 Milk Choice

19

Turkey, Ham/ Cheese Po boy
 Lettuce, Tomato, Pickle Cup
 French Fries
 Baked Beans
 Ketchup / Mayo / Mustard
 Chilled Pear Halves
 Milk Choice

22

Hot Dog on Bun w/ Chili
 French Fries
 Baked Beans
 Ketchup/Mustard
 Fresh Apple
 Milk Choice

23

Salisbury steak
 Mashed Potatoes w/ Gravy
 Green Beans
 Whole Grain Roll
 Fruit Cocktail
 Milk Choice

24

Low Fat Cheese Burger on W.W. Bun
 Lettuce, Tomato, Pickle Cup
 Sweet Potato Fries
 Ketchup / Mayo / Mustard
 Fresh Baked Cookie
 Mixed Fruit
 Milk Choice

25

Pasta w/ Meat Sauce
 Steamed Broccoli
 Green Salad w/ Dressing
 Whole Grain Roll
 Fresh Banana
 Milk Choice

26

Fish Strips (Crunchy Cornmeal)
 Mashed Potatoes
 Steamed Carrots
 Ketchup
 Sliced Peaches
 Milk Choice

29

Chicken Nuggets
 Macaroni & Cheese
 Baked Beans
 Steamed Carrots
 Fresh Orange Wedge
 Milk Choice

30

Pepperoni Pizza
 Steamed Corn
 Dark Green Salad w/ Dressing
 Chilled Pear Halves
 Milk Choice

31

Shredded BBQ Chicken
 Sweet Potato Fries
 Steamed Broccoli
 Lettuce, Tomato, Pickle Cup
 Ketchup / Mayo
 Fresh Fruit
 Milk Choice

NOTE: MENUS ARE SUBJECT TO CHANGE

Notification Statement: Peanuts and Peanut Products are not purchased for meals produced by the Central Community School System, however, some products served may contain nuts and some products may be produced in plants that use nuts and may contain

MY SCHOOL BUCKS PAY FOR MEALS ONLINE
 MySchoolBucks.com